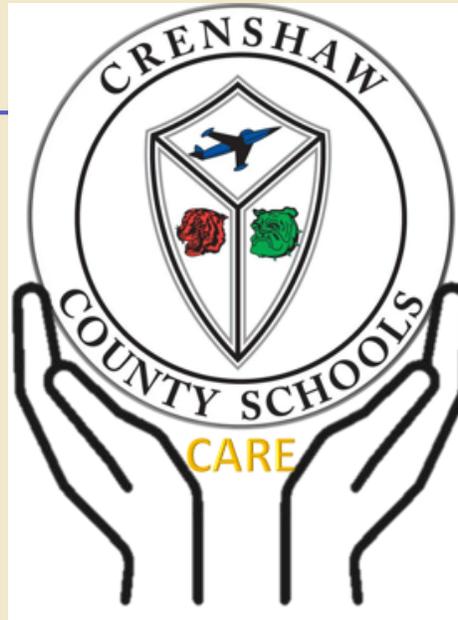


**AUGUST 2022**

# **SOCIAL EMOTIONAL LEARNING WITH THE SCHOOL SOCIAL WORKER**



**WELCOME BACK!!!**

*Mrs. Bailey Kilpatrick*

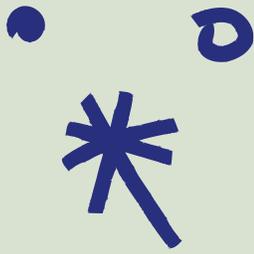
Social Emotional Learning promotes in students:

- Academic success
- Health and well-being, including greater ability to manage stress and depression
- Improved classroom behavior
- Communication skills and teamwork
- Positive attitudes about self, school, peers, and teachers

**HOPE YOU ALL HAD A GREAT SUMMER, NOW LETS HAVE A GREAT SCHOOL YEAR!! I AM SO EXCITED TO BE STARTING MY 3RD SCHOOL YEAR AS YOUR SCHOOL SOCIAL WORKER!! HOW IS YOUR SCHOOL SOCIAL WORKER BENEFICIAL FOR YOU? HERE ARE SOME REMINDERS!**

- **PROVIDE SOCIAL EMOTIONAL LEARNING SKILLS FOR STUDENTS.**
- **INDIVIDUAL STUDENT SUPPORT.**
- **BEHAVIOR SUPPORT.**
- **CLASSROOM/GROUP SUPPORT.**
- **FAMILY SUPPORT.**
- **REFERRALS/RESOURCES**
- **BASIC NEEDS**
- **MONTHLY NEWSLETTERS**

**CRENSHAW COUNTY SCHOOLS**



# RELATIONSHIP SKILLS

## Relationship Skills Defined:

"The ability to establish and maintain healthy and rewarding relationships with diverse individuals and groups."

### Relationship skills include:

- Communicating effectively
- Developing positive relationships
- Sharing one's thoughts and feelings (appropriately)
- Practicing teamwork and collaborative problem-solving
- Resolving conflicts constructively
- Resisting negative peer pressure
- Standing up for the rights of others
- Showing leadership in groups
- Seeking or offering help when needed.

"Alone we can do so little; together we can do so much."  
-Helen Keller

**These activities could be used in the classroom, at home or just with a group of friends!**

## Relationship Building Activities

**5 MINUTES**

### END OF THE DAY EXIT SLIP:

Students could answer in writing or in person, this gives you a great opportunity to bond with your kids after a busy school day! Some questions you could ask:

- What was your favorite part of the day?
- What was the best thing you learned today?
- What is one kind thing you did for someone today?
- What do you hope to learn about tomorrow?
- What was the best thing you did during specials today?

**15 MINUTES**

### JUST LIKE ME:

Use whenever you need a boost to your students relationships, but only have a small chunk of time.

1. Have students stand in a circle.
2. One at a time, students step forward and say a fact about themselves (e.g. I have one sister.).
3. If that statement is true for other students, they come forward one step and say "just like me"!
4. The next student steps forward and says his or her fact. Continue until all students have had a chance to go (and you could keep going, if you have time).

**30 MINUTES**

### ALL ABOUT ME INITIALS:

All about me is a great way for students to share more about themselves in a fun way!

Each student is given a letter for each initial (so I would get a B and an K, because my name is Bailey Kilpatrick). Then, students can write or draw about themselves in those letters. You can either give students specific things to write/draw (such as their favorites foods, their family, what they like to do, etc.) or leave it open-ended. After students complete their initials, you can hang them up in the classroom or the hallway!

AUGUST 2022



# RESOURCES

Where to find Mrs. Bailey? LET'S HAVE A GREAT SCHOOL YEAR!!

Monday: LHS

Tuesday: HHS

Wednesday: BHS

Thursday: LHS

Friday: HHS

- KNOW YOU ARE NOT ALONE!
- KNOW YOU ARE LOVED!
- KNOW THERE IS SUPPORT FOR YOU!
- KNOW YOU ARE PERFECT JUST THE WAY YOU ARE!!!
- KNOW YOU ARE IMPORTANT
- KNOW YOU DESERVE TO DO YOUR BEST!

## Requesting Forms

### for 2022-2023 School Year:

Student requesting to see Mrs. Bailey:



Requesting Mrs. Bailey to see my student:



Contact Information:

[bailey.kilpatrick@crenshaw-schools.org](mailto:bailey.kilpatrick@crenshaw-schools.org)

334-304-2051

Join the Crenshaw Calming Corner on Schoology for additional calming games, videos and resources!!

Access Code: C3T-589H-J6B4W