



Local

## Alabama State Department of Education Child Nutrition Program



### Wellness Policy: Triennial Assessment Report

This template contains the three required components of the triennial assessment:

1. the extent to which the wellness policy compares to model wellness policies
2. progress made in attaining the goals of the wellness policy
3. the extent to which schools under the jurisdiction of the districts are complying with the district Wellness Policy

#### Results

A copy of the assessment must be made available to the public. How the assessment is made available is the decision of the LEA. (i.e., district website, local newspaper, etc.). The triennial assessment summary and the assessment details (e.g., WellSAT 3.0 report) must be shared.

#### Recordkeeping for the Child Nutrition Program Administrative Review:

- ☒ a copy of the most recent triennial assessment, along with supporting documentation
- ☒ a copy of the current and previous board approval of the policy
- ☒ documentation demonstrating the policy has been made available to the public
- ☒ documentation of efforts to review and update the policy, including who was involved and how the district made stakeholders aware of their ability to participate (i.e., meeting agendas and sign-in sheets)

### Local Wellness Policy: Triennial Assessment Summary

#### General Information

LEA: Crenshaw County Board of Education

Month and year of current assessment: September 2021 – June 2022

Date of last Local Wellness Policy revision: November 13, 2017

Website address and/or information on how the public can access a copy of the Local Wellness Policy and Triennial Assessment:

**Crenshaw County Schools Wellness Policy and information can be found under the Child Nutrition Department section on the District website @ [www.crenshaw-schools.org](http://www.crenshaw-schools.org).**

## Wellness Committee Information

How often does your district wellness committee meet? Bi-annually

### WELLNESS COMMITTEE 2022

Name	School	Job Title	Email Address
Ruth Bayman	Central Office	CNP Director	<a href="mailto:ruth.bayman@crenshaw-schools.org">ruth.bayman@crenshaw-schools.org</a>
Cody Carnley	Central Office	Federal Programs	<a href="mailto:cody.carnley@crenshaw-schools.org">cody.carnley@crenshaw-schools.org</a>
Fran Hughes	Central Office	Accounts Payable	<a href="mailto:fran.hughes@crenshaw-schools.org">fran.hughes@crenshaw-schools.org</a>
Kris Odom	Central Office	Curriculum	<a href="mailto:kris.odom@crenshaw-schools.org">kris.odom@crenshaw-schools.org</a>
Dodd Hawthorne	Central Office	Superintendent	<a href="mailto:dodd.hawthorne@crenshaw-schools.org">dodd.hawthorne@crenshaw-schools.org</a>
Nola Flynn	Luverne	School Nurse	<a href="mailto:nola.flynn@crenshaw-schools.org">nola.flynn@crenshaw-schools.org</a>
Kayla Baggett	Highland Home	School Nurse	<a href="mailto:kayla.baggett@crenshaw-schools.org">kayla.baggett@crenshaw-schools.org</a>
Rachel Moates	Brantley	School Nurse	<a href="mailto:rachel.moates@crenshaw-schools.org">rachel.moates@crenshaw-schools.org</a>
Keith McCormick	Highland Home	Parent	<a href="mailto:keith.mccormick@crenshaw-schools.org">keith.mccormick@crenshaw-schools.org</a>
Leterana Sankey	Highland Home	Parent	<a href="mailto:leterana.sankey@crenshaw-schools.org">leterana.sankey@crenshaw-schools.org</a>
Will Tate	Luverne	Parent	-
Ron McGough	Highland Home	Parent	-
Lisa Turner	Luverne	Parent	-
Devona Jones	Luverne	Parent	-
Paige Ray	Brantley	Parent	-
Jason Rowell	Luverne	Coach/PE	-
Roland Jones	Brantley	Coach/PE	-
Will Pouncey	Highland Home	Coach/PE	-

## Section 1. Comparison to Model School Wellness Policies

Complete a Triennial Assessment Tool ([WellSAT3.0 assessment tool](#), or other customized assessment tool) and keep a copy of the results on file for at least three full school years plus the current year. It will be reviewed during the next administrative review of your Child Nutrition program.

Indicate which model wellness policy language was used for comparison:

- ☐ Alliance for a Healthier Generation Model Policy
- ☒ WellSAT 3.0 example policy language (Print the WellSat report and include with your assessment)
- ☐ Other (please specify): \_\_\_\_\_

Describe how your wellness policy compares to the model wellness policy. (May use a bullet format to list comparisons)

### **Total Comprehensive Score: 100 Total Strength Score: 92**

Several areas have a very strong policy, and we are fully implementing practices that align with the policy. Other areas need improving.

#### **Section 1. Nutrition Education - Score 88**

**Assessment:** Our policy is strong, but practice implementation is either absent or limited.

**Opportunities for Growth:** Strengthen verbiage under NE7: linking nutrition education with the school food environment and by increasing implementation of the policy on campus and in the classrooms.

#### **Section 2. USDA Standards in Child Nutrition Programs and School Meals - Score 100**

**Assessment:** Our policy is strong and is fully implementing practices that align with the policy with one area of improvement in the Farm-to-School program.

**Opportunities for Growth:** Consistently review, update, and implement local, state and federal regulations.

#### **Section 3. Nutrition Standards for Competitive and Other Food and Beverages - Score 83**

**Assessment:** Our policy is strong in all areas, but two (NS9 & NS12) areas are vague and/or suggested.

**Opportunities for Growth:** Strengthen the verbiage under NS9: Regulates food and beverages served at class parties and other school celebrations in elementary and under NS12: Addressing food not being used as a reward. Creating a practice implementation plan and increasing the implementation of the policy/plan on campus and in the classrooms.

**Comparison Continued:**

Section 4. Physical Education and Physical Activity - Score 94

**Assessment:** Our policy is strong, but practice implementation is either absent or limited.

**Opportunities for Growth:** Strengthen verbiage addressing family and community engagement in physical activity opportunities at all schools under sub-section PEPA11. Consistently implement the policy throughout the school and in the classrooms.

Section 5. Wellness Promotion and Marketing - Score 100

**Assessment:** Our policy is strong but needs improvement in the implementation of the policy on campus.

**Opportunities for Growth:** Create a practice implementation plan.

Section 6. Implementation, Evaluation & Communication - Score 88

**Assessment:** Our policy is strong. Need to strengthen verbiage in sub-section IEC1 concerning our active district level committee. Increase the participation and implementation for a school level committee.

**Opportunities for Growth:** School-level committee and leadership.

## Section 2. Progress towards Goals

**\*NOTE: Required components are listed in blue.**

<p>Nutrition standards for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks) Describe progress and next steps:</p>	<p>To be compliant with the USDA final rule and ALSDE:</p>
<ul style="list-style-type: none"> <li>• All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <b><u>USDA regulations for the National School Lunch and School Breakfast programs</u></b></li> <li>• All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity Smart Snack and Fundraiser</li> <li>• Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.</li> </ul> <p><b>If applicable, list additional school goals below:</b></p> <p>NS9 - Regulate food and beverages served at class parties and other school celebrations in elementary</p> <p>NS12 - Address food not being used as a reward</p>	<ul style="list-style-type: none"> <li>• The USDA regulations for the National School Lunch and School Breakfast programs goal is identified in the Wellness Policy and is implemented at all 3 schools.</li> <li>• Will strengthen the language used to address food and beverages served at class parties and other school celebrations in elementary schools.</li> <li>• Will strengthen the language used to address food not being used as a reward in the classroom.</li> </ul>

**\*NOTE: Required components are listed in blue.**

Access to free potable water on campus	Describe progress and next steps:
<p><b><u>To be compliant with the USDA final rule:</u></b> Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</p> <p><b>List how access to potable water is made available in schools.</b></p> <ul style="list-style-type: none"> <li>• Water fountains are in all three cafeterias along with ice dispensers that have water available. Cups are provided at no cost to children during all school meals.</li> <li>• Water fountains can be found at several locations throughout all 3 schools campuses.</li> <li>• Water bottles are allowed to be used during school.</li> </ul>	<p>Our wellness policy in Section 2: SM8 addresses "Free drinking water is available during meals."</p> <p>District has a strong policy and is fully implementing practices that align with the policy.</p>

**\*NOTE: Required components are listed in blue**

Guidelines for other foods and beverages available on the school campus, but not sold	Describe progress and next steps:
<p><b><u>To be compliant with ALSDE:</u></b> All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <a href="#"><u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u></a></p> <ul style="list-style-type: none"> <li>• <b>If applicable, list additional school goals below:</b> To increase the use of non-food fundraisers and as rewards in the classroom.</li> </ul>	<ul style="list-style-type: none"> <li>• Our policy specifically explains the timeframe of nonprogram food sales. Our district and schools follow this policy.</li> </ul>

**\*NOTE: Required components are listed in blue.**

Marketing and advertising of only foods and beverages that meet Smart Snacks	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> Our school only markets or advertises foods and beverages that meet the <u>USDA Smart Snacks in School</u> nutrition standards on the school campus, during the school day.</p> <p>If applicable, list additional school goals below:</p>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor to ensure compliance.</p>
Physical Activity Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.</p> <p>List physical activity opportunities that are offered at schools: PE classes with certified PE teachers Field Day Boys &amp; Girls Junior High &amp; Varsity Sports Football, Baseball, Basketball, Volleyball, Track Organized games students vs faculty</p>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor to ensure compliance.</p>

**\*NOTE: Required components are listed in blue.**

Nutrition Promotion and Education Goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.</p> <p>List how nutrition promotion and nutrition education are provided in schools:</p> <ol style="list-style-type: none"> <li>1. Breakfast in the Classroom with fresh fruit allow teachers to promote nutritious choices.</li> <li>2. Posters in the classroom</li> <li>3. Fresh Fruits &amp; Vegetables offered daily in the lunchroom.</li> <li>4. Fruit &amp; Vegetable Alacarte items are at a reasonable cost allowing students to purchase extras</li> <li>5. Vending machines have water advertising displays</li> </ol>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor to ensure compliance.</p>



**\*NOTE: Required components are listed in blue.**

Other school-based activities to promote student wellness goal(s)	Describe progress and next steps:
<p><u>To be compliant with the USDA final rule:</u>  The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p> <p><b>List other school-based activities that are offered by the district:</b></p> <ol style="list-style-type: none"> <li>1. Nature Walks that incorporate classroom lessons</li> <li>2. Classroom in the Forest – County event</li> <li>3. Groundwater Festival – County event</li> <li>4. Farm Day – Kindergarten</li> <li>5. Teachers and cafeteria staff model wellness behavior and healthy food choices</li> <li>6. All field trips - healthy sack lunches that meet USDA guidelines are provided by the cafeteria</li> </ol>	<p>This goal has been identified in the Wellness Policy. We will continue to monitor to ensure compliance.</p>





# Alabama State Department of Education Child Nutrition Program



## Section 3. School Level Progress Report

Print or copy this section to be completed by each school.

Blue area includes specific guidance. Gray area includes examples.

Place an "X" in the appropriate column by each bullet and add additional goals in the space provided.

Nutrition guidelines for all foods and beverages for sale on the school campus (i.e., school meals and Smart Snacks)				
<p><u>To be compliant with the USDA final rule and ALSDE:</u></p> <ul style="list-style-type: none"> <li>All foods and beverages available on the school campus during the school day as part of the school meal program meets or exceeds the <u>USDA regulations for the National School Lunch and School Breakfast programs</u></li> <li>All foods and beverages outside of the school meal program are not sold within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <u>Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</u></li> </ul> <p>Provides an assurance that guidelines for reimbursable school meals shall not be less restrictive than regulations and guidance issued by USDA.</p>				
School	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
Brantley		X		<ul style="list-style-type: none"> <li>There are vending machines/school stores on school property and the principal is somewhat confident that all items meet Smart Snacks standards.</li> <li>The school has food and beverage fundraisers during the school day that sell items that may not meet Smart Snack Standards (exemptions).</li> <li>Products containing caffeine are sold at the high school level.</li> <li>No restrictions on foods and beverages served at celebrations.</li> <li>Few teachers use food as a reward in the classroom</li> </ul>
Highland Home		X		
Luverne		X		

Access to free potable water on campus				
<b>To be compliant with the USDA final rule:</b> <ul style="list-style-type: none"> <li>Free, safe, unflavored drinking water is available to all students during mealtimes in the cafeteria.</li> </ul> <b>If applicable, list additional school goals below:</b>				
School	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
Brantley	X			<ul style="list-style-type: none"> <li>Safe &amp; Clean water fountains or ice machines with water are accessible in the cafeteria and on campus</li> <li>Cups are available at no charge</li> <li>Students are allowed to take the water to the table</li> </ul>
Highland Home	X			
Luverne	X			

Guidelines for other foods and beverages available on the school campus, but not sold (i.e., classroom parties and rewards)				
<b>To be compliant with ALSDE:</b> <ul style="list-style-type: none"> <li>All foods and beverages outside of the school meal program are not provided within the timeframe of 1 hour before or after school meals per Alabama Implementation of USDA Smart Snacks in School and Fundraising Activity <a href="https://www.alsde.edu/smart-snack-and-fundraiser-guidance-and-implementation.pdf">Smart Snack and Fundraiser Guidance and Implementation.pdf (alsde.edu)</a></li> </ul>				
School	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
Brantley	X			
Highland Home	X			
Luverne	X			

Marketing and advertising of only foods and beverages that meet Smart Snacks				
<b>To be compliant with the USDA final rule:</b> <ul style="list-style-type: none"> <li>Our school only markets or advertises foods and beverages that meet the <a href="#">USDA Smart Snacks in School</a> nutrition standards on the school campus, during the school day.</li> </ul>				
School	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
Brantley		X		<ul style="list-style-type: none"> <li>Most marketing on campus meets the Smart Snack Standards</li> </ul>
Highland Home		X		
Luverne		X		

<b>Physical Activity Goal(s)</b>				
<u>To be compliant with the USDA final rule:</u> The district requires that a combination of physical activity opportunities be offered daily to all students, including students with disabilities, before during and after school.				
Examples: <ul style="list-style-type: none"> <li>Physical education: (structured and unstructured play)</li> </ul> Our school prohibits withholding activities/recess as a punishment.				
<b>List school goals in this section:</b> PE classes with certified PE teachers, Field Day, Boys & Girls Junior High and Varsity Sports, Organized games with students vs faculty, physical activity breaks in the classroom and during recess				
<b>School</b>	<b>Meeting Goal</b>	<b>Partially Meeting Goal</b>	<b>Not Meeting Goal</b>	<b>Notes:</b>
Brantley		X		Implement physical activity during the school day beyond PE.
Highland Home		X		
Luverne		X		

<b>Nutrition Promotion and Education Goal(s)</b>				
<u>To be compliant with the USDA final rule:</u> The district will ensure that students and staff receive consistent nutrition messages throughout the school campus including in classrooms, gymnasiums, and cafeterias. The district and all schools will promote healthy food and beverage choices for all students across the school campus during the school day and will encourage participation in school meal programs.				
<b>List school goals in addition to the required outreach included in this section:</b> <ul style="list-style-type: none"> <li>School Breakfast Outreach</li> <li>Summer Food Service Outreach</li> <li>National School Lunch/School Breakfast Week promotion</li> </ul>				
<b>School</b>	<b>Meeting Goal</b>	<b>Partially Meeting Goal</b>	<b>Not Meeting Goal</b>	<b>Notes:</b>
Brantley	X			Increase the promotion of the above goals
Highland Home	X			
Luverne	X			

Other school-based activities to promote student wellness goal(s)	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
<p><u>To be compliant with the USDA final rule:</u> The district integrates wellness activities across the entire school setting, including the cafeteria, other food and beverage venues, classrooms, and physical activity facilities.</p>				
<p><b>List school wellness activity goals in this section:</b></p> <p><i>Social Emotional Development</i></p> <ul style="list-style-type: none"> <li>• <i>Counseling</i></li> <li>• <i>Health Services</i></li> <li>• <i>Physical Environment</i></li> <li>• <i>Caregiver (Family) Engagement</i></li> <li>• <i>Community Involvement</i></li> </ul>				
School	Meeting Goal	Partially Meeting Goal	Not Meeting Goal	Notes:
Brantley	X			Crenshaw County schools excel in the Wellness and Care of students. Marketing and promoting healthy food and beverage choices along with physical activity will be encouraged and monitored on campus.
Highland Home	X			
Luverne	X			

## Section 4. Checklist and Signatures

### CHECKLIST:

Triennial Assessment was made public:

Date: 6/29/2022

Updated Wellness Policy received Board approval: (if applicable)

Date: 11/13/2017

Wellness Policy was made public:

Date: 12/1/2017

### SIGNATURES:



District Wellness Assessment Leader  
And Coordinator

PRINT NAME: Ruth Bayman

DATE: 6/29/2022

Superintendent

PRINT NAME: Dodd Hawthorne

DATE: 