

CRENSHAW COUNTY SCHOOLS

Menus JANUARY 2022

Jan 10-14

Monday, Jan 10

Country Fried Steak
Baked Roll
Creamed Potatoes
Brown Gravy
Turnip Greens

Tuesday, Jan 11

Chicken Noodle Soup
Grilled Cheese
Hash Brown
Tomato & Broccoli w/
Ranch
Crackers

Wednesday, Jan 12

Hot Dog w/ Chili
Potato Rounds
Sauerkraut
Baked Beans
Rice Krispie

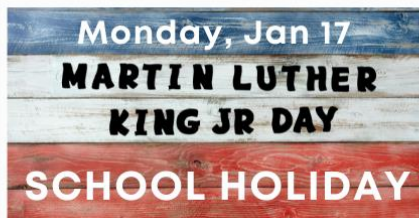
Thursday, Jan 13

Pizza
Chopt Salad w/ Ranch
Sweet Potato Fries
Mixed Fruit

Friday, Jan 14

Spaghetti w/Meat Sauce
Whole Grain Bread
Potato Wedges
Green Beans

Jan 17-21



Tuesday, Jan 18

Vegetable Soup w/
Beef
PB&J Sandwich
Crackers
Peaches

Wednesday, Jan 19

Corndog
Hash Brown
Baked Beans
Chocolate Pudding

Thursday, Jan 20

Taco Salad
Lettuce, Tomato, Onion
Tortilla Chips
Cheddar Cheese
Whole Kernel Corn
Salsa

Friday, Jan 21

Hamburger Steak
Baked Roll
Creamed Potatoes
Brown Gravy
Blackeye Peas

Jan 24-28

Monday, Jan 24

Beef-A-Roni
Whole Grain Bread
Green Beans
Mandarin Oranges

Tuesday, Jan 25

Taco Soup
Cheddar cheese
Crackers
Doritos
Sliced Cucumbers

Wednesday, Jan 26

Sausage Dog w/WG Bun
Cheez-It Crackers
Corn Nuggets
Steamed Broccoli
w/Cheese
WG Cookies

Thursday, Jan 27

Pizza Calzone
Potato Wedges
Corn on the Cob
WG Muffin

Friday, Jan 28

Ham & Cheese Sandwich
Baked Chips
Potato Rounds
Lettuce, Tomato, Onion
Pudding

YOU'RE GOOD



**ALL STUDENTS EAT
ALL MEALS @ NO COST
ALL YEAR LONG**

FOOD SUPPLY CHAIN

Due to significant food
supply chain shortages, our
menu will vary and may
not reflect the planned
menu.

Choice of Milk, Variety of
Fresh Fruit & 100% Fruit Juice
Served Daily

**A NEW YEAR STANDS BEFORE US, LIKE A CHAPTER IN A BOOK, WAITING TO
BE WRITTEN. WE CAN HELP WRITE THAT STORY BY SETTING GOALS.**
MELODY BEATTIE

This institution is an equal
opportunity provider.

National Milk Day January 11th

FroYo Monkey Tails

- 2 - 3.5 oz Kids Chobani Greek yogurt pouches, Vanilla + Chocolate Dust
- 1/2 cup rice krispies cereal
- 3 ripe bananas
- 1 Tbsp unsweetened cocoa powder (Optional)
- 6 wooden popsicle sticks



- Squeeze yogurt into a small Mason jar or cup.
- Pour rice krispies on a plate and spread out evenly.
- Peel and slice bananas in half crosswise.
- Place wooden popsicle stick into the sliced end of the banana. Stick should go half way into the banana.
- Dip the banana into the yogurt, covering the banana up to the popsicle stick. Pull banana out of the yogurt and let the excess drip off.
- Roll the yogurt covered banana around until all sides are covered with it.
- Sprinkle each with cocoa powder if desired.
- Place on wax paper.
- Place uncovered in the freezer for 2 to 4 hours before serving.

Breakfast Menus

- 10 Mini Waffles
- 11 Assorted Muffins
- 12 WG Cereal Bar
- 13 Breakfast Pizza
- 14 Mini Pancakes

- 17 Holiday - No School
- 18 Yogurt & Animal Crackers
- 19 Cheese Omelet & Crackers
- 20 Breakfast Pizza
- 21 Cinnamon Roll
- 24 Hot Strudel
- 25 Cinnamon Roll
- 26 WG Pop Tart
- 27 Breakfast Pizza
- 28 Mini Pancakes
- 31 Sausage Biscuit

Breakfast includes juice, fruit and milk

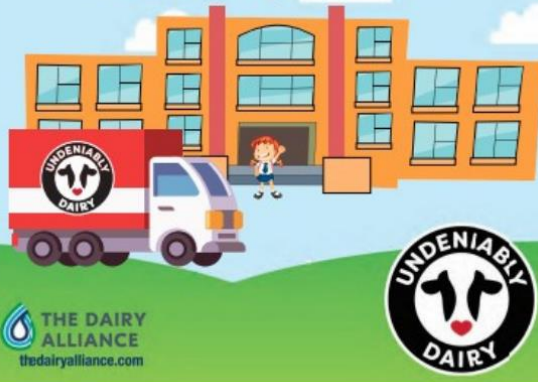


Jan 31

Monday, Jan 31
Sloppy Joe w/WG Bun
Macaroni & Cheese
Garden Salad w/ Ranch
Coleslaw
Pickle Spears

Dairy Fun Facts

Milk arrives at your school in as little as 3 days after leaving the farm.



"Life's most persistent and urgent question is, What are you doing for others?"
- Martin Luther King, Jr

I FEED HUNDREDS OF HUNGRY KIDS ON A DAILY BASIS WITH A SMILE ON MY FACE.
What do you do?

DO IT FOR YOU, TOO.

Volunteering isn't just good for those who might need your help -- it's good for you, too. Serving as a volunteer has been shown to improve self-confidence, teach job skills, combat depression, and increase physical activity among volunteers of all ages. That's a wellness win-win!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!